

PRINT DATE : 11/30/2009
REPORT DATE : 11/30/2009

COMPANY NAME
ATTN:
123 MAIN STREET
ANYWHERE, USA 12345

LAB SAMPLE # XXXXXWONTON STRIPXXXXXXXXX
AEXXXXX

SAMPLE RECEIVED November 10, 2009

Servings Per Container VARIED
Serving Size For Calculation 7.0 g
Reference Value 7 g (CROUTONS)
Household Measure 2 TBSP (7 g)

	Per 100g	Per Serving	Daily Value (DV)
Calories	486	35	
Calories from Fat	188	15	
Fat	20.92 g	1.5 g	2 %
Protein	11.21 g	1 g	
Moisture	2.92 g		
Ash	1.85 g		
Total Carbohydrates	63.10 g	4 g	1 %
Dietary Fiber	2.7 g	0 g	0 %
Sugars	3.4 g	0 g	
Cholesterol	0 mg	0 mg	0 %
Saturated Fat	48 % of Fat	0.5 g	3 %
Monounsaturated Fat	47 % of Fat	0.5 g	
Polyunsaturated Fat	5 % of Fat	0 g	
Trans Fat	0 % of Fat	0 g	
Sodium	600 mg	40 mg	2 %
Iron	4.56 mg	0.32 mg	0 %
Vitamin A	0.00 I.U.	0 I.U.	0 %
Vitamin C	0.0 mg	0 mg	0 %
Calcium	21 mg	1 mg	0 %

END OF REPORT


Managing Director

PRINT DATE : 1/5/2010
REPORT DATE : 11/30/2009

LAB SAMPLE # AEXXXXX

XXXXX/WONTON STRIPXXXXX

Nutrition Facts

Serving Size 2 TBSP (7 g)
Servings per Container VARIED

Amount Per Serving

Calories 35 Calories From Fat 15

% Daily Value *

Total Fat	1.5g	2 %
Saturated Fat	0.5g	3 %
Trans Fat	0g	
Cholesterol	0mg	0 %
Sodium	40mg	2 %
Total Carbohydrate	4g	1 %
Dietary Fiber	0g	0 %
Sugars	0g	
Protein	1g	

Vitamin A 0 % ● Vitamin C 0 %
Calcium 0 % ● Iron 0 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 ● Carbohydrate 4 ● Protein 4